

Meeting the Needs of People That Are Homeless....

How to effectively understand and act
when facing the vulnerable.



About Me



About UMOM



HOMELESSNESS

As defined by the U.S. Department of Housing and Urban Development (HUD):

People who are living in a place not meant for human habitation, in emergency shelter, in transitional housing, or are exiting an institution where they previously resided.

People who are losing their primary nighttime residence, which may include a motel or hotel, or a doubled up situation, within 14 days and lack of resources to support networks to remain in housing.

Families and children or unaccompanied youth who are unstably housed and likely to continue in that state.

People who are fleeing or attempting to flee domestic violence, have no other residence and lack of the resources or support networks to obtain other permanent housing.

The Numbers

578,424 People experiencing homelessness on any given night in the United States

- 216,197 are people in **Families**
- 362,163 are **Individuals**
- **15%** are considered chronically homeless
- 49, 933 are **Veterans**
- 1 out of 50 **Children** in America will be homeless

*National Alliance to End Homelessness Report January 2014

In Arizona....

Minimum Wage:

\$8.05 per hour

\$322 per week

\$16,744 per year

Average Cost of 2 BR:

\$908 per month

\$10,986 per year

Average Cost of Childcare for 1 child:

\$36 per day

\$183 per week

\$733 per month

\$8798 per year

The deficit to work, have
shelter, and place 1 child
in daycare....

-\$3040

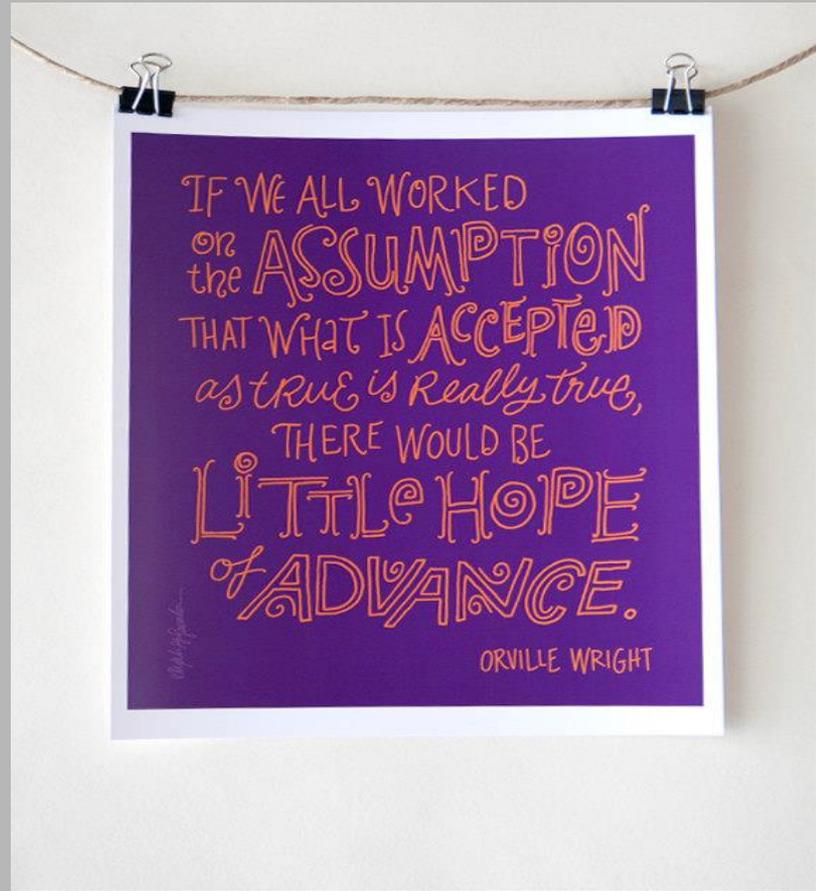
What do you give up ?

What do you believe?

What do you believe?

What do you believe?

It's not as simple as
we may
think.....(the Why)



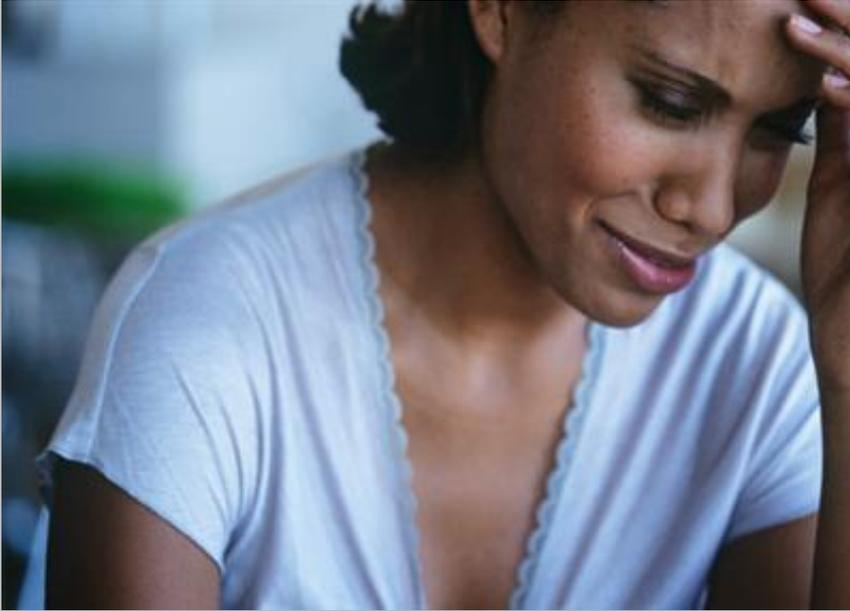


Challenging Cases

I asked UMOM Family Support Specialists to share some characteristics of the most challenging families on their caseloads...

A series of horizontal stripes in various colors (yellow, green, blue, purple, orange, red, white, green) are located at the bottom of the slide.

Ava



- 35YO single mother
- 5 children (infant – 12years)
- Multiple shelter stays
- Traumatic brain injury
- Mental health issues
- No GED or H.S. diploma
- Felony conviction
- Son with serious emotional issues
- History of addictions

Paige



- 25YO single mother
- 3 children < 6 years old
- Bipolar, medicated
- Brain injury from DV
- No GED or H.S. diploma
- No work history
- Child-like, vulnerable
- Eviction history, owes \$
- Active addictions

Tammy



- 22YO single mother
- 1 infant
- Paranoid, won't engage in services
- MH issues but no diagnosis
- Limited cognitive ability
- Traumatic brain injury
- No GED or H.S. diploma
- No work history
- Child's father in prison
- No family support
- Sober

Joelle & Paul



- 2 adults
- 10 children
- Multiple shelter stays
- He – previous breadwinner, serious health issues, heavily medicated, unable to work, depressed
- She – no GED, no work history, depressed
- \$1000 in food stamps not enough to feed family
- Housing for large family is hard to find and expensive
- Sober

Casey & John



- 2 adults
- 4 sons
- Multiple shelter stays
- She – untreated MH, felony convictions
- He – untreated depression
- CPS involvement
- 2 sons with severe behavioral diagnoses
- No family support
- History of substance use

Tracey



- Single mother
- 3 children
- Multiple shelter stays
- History of severe DV
- Does not have the tools & resources to break free from abusive relationships
- Highest earning \$7.50/hr; inconsistent work history
- CPS involvement
- Eviction history
- Children's father in prison
- Active alcoholism – in denial

Sarah



- 32YO single mother
- 3 children
- Multiple shelter stays
- On probation for violent felony
- Bipolar, medicated
- Metal plate in head from DV, continued DV
- No GED or H.S. diploma
- Children with severe behavioral problems
- CPS removed children
- Began meth use with her mother at age 15

Jessie

- Single mother
- 6 children
- MH issues - Anxiety, depression, panic attacks
- No GED or H.S. diploma
- 4 fathers, no \$ support
- Sexually assaulted/raped resulting in a child
- Daughter also sexually assaulted
- 6YO not toilet trained, refuses to go to school, fights, bites
- 3YO doesn't speak
- 12YO with eating disorder
- Past substance use, now sober



Theresa



- Single mother
- 4 children
- Long history of DV
- 19YO father of children in prison, no \$ support
- All family active gang members or in prison
- Felony conviction
- 2 children with emotional disorders
- CPS removed children
- History of intermittent substance use

Multiple
Children



Mental
Health



Criminal
History



Addictions



Evictions



WHERE DO WE GO FROM HERE?

Gathering the tools for your belt....



RESILIENCY

Ability to bounce back when life is challenging, regardless of life experiences.

Behind every behavior there is a need.

Our perception is our reality.

Maslow's Hierarchy of Needs



STRESS OF TRAUMA SHIFTS THE ARCHITECTURE OF THE BRAIN

200-300 times to change a
negative thought

Validation connect 3-5 times after
a correction

Me calm, you calm.

“If he keeps your eye angry, he
never has to let you in.”



BUILDING THE RELATIONSHIP



Parallel Process

Do unto others as you want them to do unto others.

The brain functions optimally when it feels safe.

“Be curious, not judgmental.”
Walt Whitman

What You Can Offer

Family Housing Hub

Family Housing Hub
3307 E. Van Buren Street #108
Phoenix, AZ 85008

P: 602-595-8700 F: 602-391-2316

fhhub.org

Shelter Services

For Vets: 1-877-4AID-VET
For Singles: 602-759-5356

Domestic Violence

Domestic Violence Screening Centralized Screening Line 480-890-3039

What do you believe?

What do you
believe?

What do you believe?





**YOU ARE WORTHY BECAUSE YOU
EXIST!**

RESOURCES ARE AVAILABLE

ALSO YOU MAY CONTACT ME AT

KHORN@UMOM.ORG

(602)889-0679